



GRADUATE MEDICAL  
EDUCATION



MAHPP

# McLAREN ACADEMIC HEALTH PSYCHOLOGY PROGRAMS



**The McLaren Academic Health Psychology Programs (MAHPP) Internship** is a clinical internship focused on health psychology; integrated behavioral health in the primary care and hospital settings; and lifestyle medicine. The internship is aligned with the MAHPP Fellowship, the first program in the country to be APA-Accredited in Clinical Health Psychology. Interns will have the opportunity to interact and network with MAHPP fellows and faculty, and potentially qualify for the MAHPP fellowship or have an opportunity to become faculty members with the expanding behavioral health team at McLaren Health Care.

The internship will prepare interns to pass the EPPP licensure exam through licensure-specific didactics and provided study materials. The internship will also cover the costs of the EPPP licensure exam if taken prior to graduation.

The Health Psychology Internship aims to provide interns with:

- Competency in Clinical Health Psychology practice
- Advanced knowledge of the Integrated Primary Care model of service delivery
- Expertise in hospital and ambulatory practice involving a transdisciplinary model within a team approach
- The ability to critically review research and a commitment to lifelong learning

The 2,000-hour program includes:

### LONGITUDINAL EXPERIENCES

- **Outpatient psychotherapy** with a caseload of five to ten patients. Therapy patients will be seen in the Family Medicine Residency Clinic at McLaren Macomb using a short-term primary care psychology model for treatment.
- **Internship didactics** on a variety of topics related to health psychology and clinical psychology. Interns will attend didactics each week for two hours. Teaching methods will be didactic, interactive and case-based, using a hybrid model to allow for experts throughout the region to provide lectures. Interns will also complete the Academy of Lifestyle Medicine Curriculum.
- **Supervision:** Interns will receive at least four hours of supervision weekly. They will receive one hour of supervision for outpatient therapy cases, two hours at their primary rotation and one hour of group supervision. Some supervision at the primary rotation will include precepting supervision to allow for “on-the-fly” supervision and supervision that is modeled after the medical precepting model that their medical residency peers will be receiving.
- **Mentorship:** Interns will have the opportunity to work alongside faculty in medical education and physician wellbeing experiences, including observation of video review, engagement in the GME Wellbeing Committee, Crucial Conversations, Mindful Medicine and other related activities.
- **Scholarly activity:** Interns may choose to assist residents in their scholarly activity, which may include quality improvement or original research projects

### PRIMARY ROTATIONS

Interns will participate in four three-month rotations: Family Medicine, Internal Medicine, Pain Management and Lifestyle Medicine, and Emergency Medicine.

- The Family Medicine rotation at the McLaren Macomb Family Medicine Residency Clinic includes integrated primary care consults, lifestyle medicine consults and a mobile outreach clinic.
- The Internal Medicine Rotation at the McLaren Macomb Internal Medicine Residency Clinic includes integrated primary care consults, lifestyle medicine consults and participation in the Bariatric Support Group.
- The Pain management and Lifestyle Medicine rotation

with Internal Medicine at McLaren Oakland gives interns the opportunity to provide psychosocial support for chronic pain patients, as well as engage in integrated behavioral health with lifestyle medicine patients.

- For the Emergency Medicine rotation, interns will engage in the consultation-liaison model of care for patients with behavioral health, mental health and substance use disorders within the Emergency Medicine Residency program at McLaren Macomb.

### SAMPLE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Diadactics Supervision	Outpatient Psychotherapy	Primary Rotation	Primary Rotation Supervision	Primary Rotation
PM	Primary Rotation	Outpatient Psychotherapy	Primary Rotation Supervision	Primary Rotation	Group Supervision  Admin/ Research Time

McLaren Academic Health Psychology Programs was the first program in the country to be APA-Accredited in Clinical Health Psychology. With more than 30 years of experience with a highly reputable training model, MAHPP includes postdoctoral fellowships and faculty opportunities. The MAHPP Internship has applied for APA accreditation.





McLaren Macomb Wayne and Joan Webber Emergency and Trauma Center



McLaren Oakland



SCAN TO LEARN MORE

All interested applicants can apply by sending their CV, cover letter, internship essays and three letters of recommendation to the MAHPP Internship Training Director (Dr. Jen Carty) at [jennifer.carty@mclaren.org](mailto:jennifer.carty@mclaren.org). Applications for 2024 will be considered on an ongoing basis until positions are filled.

For more information, contact Jen Carty, Ph.D., MAHPP Internship Training Director at [jennifer.carty@mclaren.org](mailto:jennifer.carty@mclaren.org).

*MAHPP is an equal opportunity employer with a strong commitment to recruiting and retaining members of diverse backgrounds. MAHPP welcomes all applicants without regard to race, color, religion, national origin, gender, age, sexual orientation, gender identity or expression, marital status, number of dependent children or the ages of the children, physical or mental disability, genetic information, status as a protected veteran or any other basis on which discrimination is prohibited. MAHPP respects the diversity and identity of all applicants and would be honored to be considered by those from all backgrounds.*



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