

**McLaren Print System Order**

**Order No: 85523**  
**Order Date: 2024-05-15**  
**Order Request Date:**  
**User: Mandi Herron**  
**Phone:**

**Ship Location: ATTN McLaren Flint- 7 central**  
**401 S. Ballenger Hwy**  
**Flint, MI 48532**

**Brochures**  
**Quantity: 4**  
**Paragon Dept No: 30155**  
**Dept Name: Behavioral Health**  
**Company Number:**

**Order Total Price: 44.00**

**Item Number: M-13138**  
**Item Description: 7 CENTRAL BEHAVIOR HEALTH PROGRAM RULES Booklet**  
**Revision Date: 05/2024**  
**Print:**  
**Paper:**  
**Size:**  
**Fold:**  
**Finish:**  
**Drill:**  
**Poster:**  
**Misc Info: 50/Pkg 8.5x11 Black 4 Page Self Cover**

**7 CENTRAL  
BEHAVIORAL HEALTH PROGRAM  
RULES AND EXPECTATIONS**

**WELCOME TO THE BEHAVIORAL HEALTH PROGRAM AT McLAREN FLINT**

The rules of 7 Central are designed to provide a safe and supportive environment for all patients, visitors, and staff. Please note that it is your responsibility to understand these rules and expectations. Take your time and read them thoroughly. If you have questions, please do not hesitate to ask any staff member for assistance or clarification.

**YOUR RIGHTS ON 7 CENTRAL**

In addition to the rights of patients at McLaren Flint, you have additional rights as described in Chapter 7 and 7a of the State of Michigan Mental Health Code. Upon admission, you received a copy of a booklet titled "Your Rights As A Recipient of Mental Health Services." Please review this to ensure you are aware of what these rights are. Do not hesitate to ask any staff person if you need assistance or have questions about your rights. You may ask to speak with Recipient Rights Officer who will arrange to meet with you.

**PARTICIPATION**

Your participation in all groups, seminars, and therapy sessions is important for your treatment. Each day, the schedule of groups and activities are posted on the large white board in the hallway.

**DIGNITY AND RESPECT**

We expect everyone to treat others with dignity and respect. This means we do not allow foul language, aggression, threats, intimidation, and physical contact that may be offensive to others.

**DRESS CODE**

We encourage you to dress in street clothes that are comfortable. It is good to have a sweater or layered clothing because it is sometimes difficult to find room temperature that satisfies everyone. If a patient comes to the unit without their own clothing, hospital scrubs pants and a gown are provided. Clothing with drawstrings, belts, or sharp metal embellishments are not allowed. Feet must be covered at all times. Shoes without laces and slippers are allowed. The unit provides slipper socks as needed. Work boots/ steel-toed boots, cowboy boots, high heel shoes are not allowed while on the unit. Bandanas, sharp hair barrettes/headbands, or sunglasses are not allowed while on the unit. Sharp jewelry (earrings, chains or rings) necklaces or bracelets are not allowed.

You must be fully dressed at all meals, group activities, and whenever you are in public areas of 7 Central. This means no bare chest or exposed midriffs, short pants, pajamas, short skirts, tank tops, unbuttoned shirts, or other clothing, deemed offensive or disruptive to the therapeutic environment. The determination of what is appropriate is at the discretion of the staff. If you are unsure of this, please ask the nurse.

**PERSONAL ITEMS**

The hospital will provide patients with all personal care items, including toothbrush, toothpaste, shampoo/conditioner, body wash, deodorant, etc. Patients are not permitted to bring their own personal care items. We ask that you do not bring stuffed animals, pillows, blankets on the unit, you will not be permitted to use them while on the unit.