

CLEAN HANDS ARE SAFE HANDS



HAND HYGIENE

- To prevent infections, hand hygiene is important.
- Health care providers are expected to clean their hands every time they enter and exit your room.

WHAT CAN YOU DO?

- Clean your hands after using the restroom and before eating.
- Ask your health care providers any questions you have about hand hygiene.

SPEAK UP FOR CLEAN HANDS

Don't be afraid to ask your health care providers for clean hands.

