



**PRE-SURGERY INFORMATION**  
**DIABETES, WEIGHT LOSS MEDICATIONS, AND SURGERY**

Thank you for choosing McLaren Macomb for your surgical needs. We look forward to taking excellent care of you.

To ensure your safety we ask that you stop taking certain medications prior to surgery. Not following these recommendations may lead to your surgery being canceled.

Weight loss medications can increase your risk of nausea and vomiting, increasing your risk of complications during anesthesia. Please look at the list of medications and stop as directed prior to your surgery.

Weight loss medications that must be stopped **seven days before** surgery:

- Exenatide (Bydureon)
- Semaglutide (Ozempic, Wegovy, and Rybelsus)
- Liraglutide (Saxenda, Victoza)
- Dulaglutide (Trulicity)
- Tirzepatide/Zepbound (Mounjaro)
- Lixisenatide (Adlyxin)
- Albiglutide (Tanzeum)
- PEG-Loxenate
- Phentermine (Adipex-P)

Weight loss medications that must be stopped **the day of** surgery:

- Orlistat (Xenical, Alli)
- Empagliflozin (Jardiance)

Weight loss medications that must be stopped **24 hours before** surgery:

- Exenatide (Byetta)

If you have any questions, please call your surgeon for clarification.