



GREATER LANSING

INFANT SAFETY EDUCATION

We are committed to providing a safe environment for you and your baby. Please review the following guidelines to promote infant safety:

1. **Infants are to be transported in an infant crib.** Please do not carry your baby in your arms in the hallway.
2. All nurses in the Birthing Center wear **ID Badges**. Call your nurses if you are concerned about anyone who asks to remove your baby from your room.
3. **Never leave your baby alone.** If you are going to take a shower, either take the baby to the nursery or put the crib in the bathroom. Never leave your baby alone on your bed.
4. **Handwashing** is the most important thing you can do to prevent infection. All visitors and family members must wash their hands before touching your baby. Do not allow anyone who has a contagious disease to visit you or your baby.
5. We promote a safe sleeping environment for your infant both here and in your home. To facilitate this practice and to **prevent an unexpected infant death**, please observe the following practices:
 - a. All infants are placed on their backs for sleep.
 - b. Infants are to sleep in his/her own crib or bassinet; please do not share your bed with your baby.
 - c. Use a safety approved crib with a firm mattress.
 - d. The crib is to be free of stuffed animals, comforters, quilts, pillows, bumper pads and toys.
 - e. When a crib is not available, the floor is the safest place for the infant to nap rather than an adult bed or sofa.
 - f. The infant's head must be kept uncovered at all times during sleep.
 - g. Avoid smoking anything around your baby.
Second hand smoke is a known risk factor in unexpected infant death.
 I want a free stop smoking kit
 - h. The infant should be dressed suitable for the weather or temperature of the room.
 - i. The room temperature should be no warmer than 75 degrees.
 - j. Remove the baby's hat or decorative headband when putting baby to sleep.
 - k. If a bassinet is used, transfer the infant to his own crib when he/she can roll over or is too big for the bassinet.
6. Never shake a baby. Shaking a baby or child can cause blindness, permanent brain damage, even death.
7. Teach other infant care providers to maintain a safe environment for your baby.

Signature: _____ Date: _____ Time: _____

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