

# CHRONIC CARE MANAGEMENT

Managing your health can be challenging. The Chronic Care Management program can help you live a healthier life and keep you doing the things you love. As a participant you can expect:

- Personalized care from a dedicated chronic care manager.
- Assistance coordinating your visits with providers, labs, radiology, or others.
- Help booking appointments with your provider for urgent matters.
- Oversight of medications.
- A personalized plan of care that aligns with your goals and values.

## ELIGIBILITY

If you have Medicare and two or more chronic health conditions, some examples of which are listed below, you may benefit from the Chronic Care Management program.

- Alzheimer's
- Arthritis
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular disease
- COPD
- Depression
- Diabetes
- Hypertension or high blood pressure

## WHAT IS THE COST?

Depending on insurance coverage, there may be a minimal coinsurance or no out-of-pocket cost to receive chronic care management. Patients can call their insurance to determine coverage.

As a chronic care management coordinator, Teri will be your point of contact regarding any new or worsening symptoms related to your illness. While your primary care provider (PCP) will continue to oversee your care, Teri will check in more frequently on your health and communicate any changes to your PCP and the Chronic Care Management team.

To contact Teri, call (248) 484-4910 or email [teri.oconnor@mclaren.org](mailto:teri.oconnor@mclaren.org).



**TERI  
O'CONNOR, RN**

### EDUCATION

Bachelor of Science in  
Nursing  
University Detroit Mercy  
Detroit, MI

*Teri has been with McLaren for 24 years, working in home care and specializing in wound care, home infusion, and ostomy care. She worked in the acute setting, specializing in cardiology.*

*She enjoys spending time with family and friends, traveling, swimming and golfing*