

CHRONIC CARE MANAGEMENT

Managing your health can be challenging. The Chronic Care Management program can help you live a healthier life and keep you doing the things you love. As a participant you can expect:

- Personalized care from a dedicated chronic care manager.
- Assistance coordinating your visits with providers, labs, radiology, or others.
- Help booking appointments with your provider for urgent matters.
- Oversight of medications.
- A personalized plan of care that aligns with your goals and values.

ELIGIBILITY

If you have Medicare and two or more chronic health conditions, some examples of which are listed below, you may benefit from the Chronic Care Management program.

- Alzheimer's
- Arthritis
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular disease
- COPD
- Depression
- Diabetes
- Hypertension or high blood pressure

WHAT IS THE COST?

Depending on insurance coverage, there may be a minimal coinsurance or no out-of-pocket cost to receive chronic care management. Patients can call their insurance to determine coverage.

As a chronic care management coordinator, Janie will be your point of contact regarding any new or worsening symptoms related to your illness. While your primary care provider (PCP) will continue to oversee your care, Janie will check in more frequently on your health and communicate any changes to your PCP and the Chronic Care Management team.

To contact Janie, call (248) 484-4939 or email janie.stamp@mclaren.org.



JANIE STAMP, RN

EDUCATION

Associate Degree in Nursing
Baker College

Bachelor of Physical
Activity Studies
University of Regina

Janie has been with the McLaren Care Management team since 2019. She previously worked in the skilled nursing facility, rehab, hospice, and long-term care. Her passion is to provide the best care for patients.