

## McLaren Print System Order

Order No: 88470  
 Order Date: 2024-09-25  
 Order Request Date:  
 User: Dana Campbell  
 Phone: 517-9757300

Ship Location: McLaren Greater Lansing, Birthing Center, ATTN:Dana Campbell  
 2900 Collins Rd  
 Lansing, MI 48910

Brochures  
 Quantity: 500  
 Paragon Dept No: 30231-1100  
 Dept Name: Birthing  
 Company Number:

Order Total Price: 16.75

Item Number: MGL-051 (655-06)  
 Item Description: BIRTHING CENTER EDUCATION ASSESSMENT Form  
 Revision Date: 04/2024  
 Print: 1 sided black and white  
 Paper: 20# White Text  
 Size: 8.5 x 11  
 Fold:  
 Finish: None  
 Drill: None  
 Poster:  
 Misc Info: SS, Black



### Birthing Center Education Assessment Tool

Already Known	Does Not Apply	Further Discussion Needed		Page Number	Scan and Print Available
<b>Part I: Caring for Yourself</b>					
			Physical Changes (Virus, Bacteria, Bowels, Menstruation, Perineum, Vaginal Discharge)	5-6	*
			Complications (Postpartum Hemorrhage, Blood Clot, Postpartum Preeclampsia)	7	
			Managing Pain (Cesarean Birth Pain and C-Section)	8	
			Perineal Care (Perineal Care, Cesarean Birth Incision Care, Moving After Cesarean Birth, Feet & Heels, Hair Loss, Skin Changes, Bites & Blisters, Varicose Veins, Menstrual Cycle, Sex)	9-15	***
			Healthy Lifestyle (Weight Loss, Exercise, Food & Nutrition, Healthy Eating While Breastfeeding)	12-13	
			Emotional Changes (Baby Blues, Postpartum Depression & Anxiety, Postpartum Obsessive-Compulsive Disorder (OCD), and Postpartum Psychosis)	14-15	*
			Family, Friends, and Pets (Storage, Visitors, & Family Pets)	16	
			Spouses & Partners (Paternal Perinatal Depression (PPND))	17	
			Skin-to-Skin Contact (Sustained Uninterrupted Postnatal Contact (SUPC))	18	*
<b>Part II: Caring for Your Baby</b>					
			Newborn Appearance	19	
			Newborn Screenings (Metabolic, Hearing, Heart Disease, Jaundice)	20-21	*
			Baby Signs	21	
			Baby Care (Initial Care, Removing Mucus, Nail Care, Diaper Rash, Dressing, Diaper Changes, Bathing Baby)	22-24	***
			Baby Behavior (Feeding or Crying, Overstimulation, Cols, Smoothing)	25-27	**
			Safe Sleep Practices & SIDS, Rooming In	28-29	*
			Car Seats (Use Before You Leave)	30-31	*
			Shake Baby Syndrome	32	*
			Baby's Health (Fever & Infections)	33	
			Late Pre-Term Infant	34	
<b>Part III: Breastfeeding</b>					
			Breastfeeding Benefits, Exclusive Breastfeeding, Do I Need to Supplement with Formula?	35	
			Making Milk	36-39	***
			Cesarean (C-section)	40-41	
			Expressing Breast Milk	42-44	*
			Going Home	45	
			Baby's Warning Signs	47	
			Post-Birth Warning Signs	48	

### Spec Info:

I agree that I have received education regarding the above topics.



760