



CLARKSTON

McLAREN CLARKSTON
BREAST CENTER

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clarkstonbreastcenter

Today a breast biopsy was performed on your _____ breast. A tissue marker was placed in your breast during this procedure. A post procedure mammogram exam was also completed to document the placement of the tissue marker(s).

Your breast density on the mammogram has been identified as:

Breast tissue can be either dense or not dense. Dense tissue makes it harder to find breast cancer on a mammogram and also raises the risk of developing breast cancer. **Your breast tissue is dense.** In some people with dense tissue, other imaging tests in addition to a mammogram may help find cancers. Talk to your healthcare provider about breast density, risks for breast cancer, and your individual situation.

Your images will become part of your medical record here at our facility and will be available for your continuing care. Should you change health care providers or go to a different location for your breast care needs, you should tell them where and when this procedure was done.

Although mammography is the most accurate method for early detection, not all cancers are found through mammogram. If you feel a lump or have any other reasons for concern, you should tell your health care provider.

Thank you for choosing us for your breast imaging services.

Sincerely,

The McLaren Breast Care Team

American Cancer Society Guidelines for Early Breast Cancer Detection in Women without Symptoms

Mammogram: Yearly mammograms are recommended starting at age 40 and counting for as long as a women is in good health.

Clinical breast exam: a clinical breast exam is recommended every 3 years for women in their 20s and 30s and every year for women 40 and over.

Breast awareness and breast self-exam: Women should know how their breasts normally look and feel and report any breast change promptly to their health care provider. Breast self-exam is an option for women starting in their 20s.

Breast MRI: Some women, because of their family history, a genetic tendency or certain other factors should be screened with MRI in addition to mammography. (The number of women who fall into this category is small: less than 2% of all women in the US). Talk with your doctor about your history and whether you should have additional tests and an earlier age.

