

**McLaren Print System Order**

**Order No: 89958**  
**Order Date: 2024-11-13**  
**Order Request Date:**  
**User: Jennifer Teeling**  
**Phone: 248-568-3849**

**Ship Location: McLaren Physical Therapy Clinton Township**  
**21550 Harrington Suite 100**  
**Clinton Township, Michigan 48036**

**Brochures**  
**Quantity: 4**  
**Paragon Dept No: 26900-2362**  
**Dept Name: Physical Therapy**  
**Company Number:**

**Order Total Price: 24.40**

**Item Number: MAC-059**  
**Item Description: PHYSICAL THERAPY FOR PELVIC FLOOR Rack Card**  
**Revision Date: 11/2024**  
**Print:**  
**Paper:**  
**Size:**  
**Fold:**  
**Finish:**  
**Drill:**  
**Poster:**  
**Misc Info: 50/Pkg 3.5x8.5 SS Color Bleed 100# Satin Cover**



**PHYSICAL THERAPY  
FOR THE PELVIC FLOOR**

**What is Pelvic Floor?**

The pelvic floor refers to muscles that support your reproductive organs and urinary tract. These muscles work to provide support, as well as help to control bladder and bowel function. When these muscles are not working efficiently, the result may be incontinence and/or pain.

**What is Pelvic Floor Physical Therapy?**

Physical therapy treatment can help address pain, weakness, and dysfunction of the pelvic floor muscles. Using a variety of techniques, including biofeedback and exercise, a trained physical therapist can help alleviate pelvic floor dysfunction and the symptoms associated with it.

Pelvic floor therapy can help the following conditions:

- Urinary or bowel incontinence
- Pelvic pain
- Postpartum issues following pregnancy

Many pelvic floor issues are treatable. If you or a loved one is experiencing incontinence or pelvic pain, contact your doctor to discuss physical therapy as a treatment option.



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**Spec Info:**