

**McLaren Print System Order**

Order No: 90999  
Order Date: 2024-12-19  
User: laurice hestr  
Phone:

Ship Location: 3245 discovery drive suite 100  
lansing, mi 48910 ,

Brochures  
Quantity: 2000  
Paragon Dept No: 28600-1100  
Dept Name: surgery scheduling  
Company Number: LAN10

Order Total Price:

Item Number: SURG-004  
Item Description: Pain Chart Handout  
Revision Date: 02/2024  
Print:  
Paper:  
Size:  
Fold:  
Finish:  
Drill:  
Poster:  
Misc Info:

Patient Sticker  
Surgeon: \_\_\_\_\_  
Anesthesiologist: \_\_\_\_\_  
RN: \_\_\_\_\_

**YOUR COMFORT IS IMPORTANT TO US**

Pain is expected after surgery. Our goal is to help you achieve a tolerable pain level. This is the pain scale we will use to assess your pain level.

**PAIN MEASUREMENT SCALE**



Acceptable/Tolerable Pain Level: \_\_\_\_\_

There are several things we can do to help you achieve a tolerable pain level:

- Pain medications
- Ice packs
- Teaching you how to splint your incision sites when coughing and moving
- Repositioning/moving
- Decreasing stimulation, for example dimming the lights

Discharge goals:

- Your pain level is tolerable at rest
- You can tolerate drinking fluids, nausea is controlled
- Walking or you are able to tolerate sitting up in a chair
- Urinating prior to discharge, if indicated for your surgical procedure
- Your questions answered; your worries and concerns addressed
- Understanding your discharge instructions and how to use new medications

**Spec Info:**

Pain medications:  Teach back completed

Medication: \_\_\_\_\_ Time taken: \_\_\_\_\_ Next dose due: \_\_\_\_\_

Medication: \_\_\_\_\_ Time taken: \_\_\_\_\_ Next dose due: \_\_\_\_\_