

**BOOST EVALUATION FORM**  
**Tool for Addressing Risk:**  
**A Geriatric Evaluation for Transitions**



<b>Risk Assessment:</b> <b>8P Screening Tool</b> (Check all that apply.)	<b>Risk Specific Intervention</b>	<b>Signature of individual responsible for insuring intervention administered</b>
<b>Problem medications</b> (anticoagulants, insulin, oral hypoglycemic agents, aspirin & clopidogrel dual therapy, digoxin, narcotics) <input type="checkbox"/>	<input type="checkbox"/> Medication specific education using Teach Back provided to patient and caregiver <input type="checkbox"/> Monitoring plan developed and communicated to patient and aftercare providers, where relevant (e.g. warfarin, digoxin and insulin) <input type="checkbox"/> Specific strategies for managing adverse drug events reviewed with patient/caregiver <input type="checkbox"/> Follow-up phone call at 72 hours to assess adherence and complications	
<b>Psychological</b> (depression screen positive or h/o depression diagnosis) <input type="checkbox"/>	<input type="checkbox"/> Assessment of need for psychiatric aftercare if not in place <input type="checkbox"/> Communication with aftercare providers, highlighting this issue if new <input type="checkbox"/> Involvement/awareness of support network insured	
<b>Principal diagnosis</b> (cancer, stroke, DM, COPD, heart failure) <input type="checkbox"/>	<input type="checkbox"/> Review of national discharge guidelines, where available <input type="checkbox"/> Disease specific education using Teach Back with patient/caregiver <input type="checkbox"/> Action plan reviewed with patient/caregivers regarding what to do and who to contact in the event of worsening or new symptoms <input type="checkbox"/> Discuss goals of care and chronic illness model discussed with patient/caregiver	
<b>Polypharmacy</b> (≥5 more routine meds) <input type="checkbox"/>	<input type="checkbox"/> Elimination of unnecessary medications <input type="checkbox"/> Simplification of medication scheduling to improve adherence <input type="checkbox"/> Follow-up phone call at 72 hours to assess adherence and complications	
<b>Poor health literacy</b> (inability to do Teach Back) <input type="checkbox"/>	<input type="checkbox"/> Committed caregiver involved in planning/administration of all general and risk specific interventions <input type="checkbox"/> Aftercare plan education using Teach Back provided to patient and caregiver <input type="checkbox"/> Link to community resources for additional patient/caregiver support <input type="checkbox"/> Follow-up phone call at 72 hours to assess adherence and complications	
<b>Patient support</b> (absence of caregiver to assist with discharge and home care) <input type="checkbox"/>	<input type="checkbox"/> Follow-up phone call at 72 hours to assess condition, adherence and complications <input type="checkbox"/> Follow-up appointment with aftercare medical provider within 7 days <input type="checkbox"/> Involvement of home care providers of services with clear communications of discharge plan to those providers	
<b>Prior hospitalization</b> (non-elective; in last 6 months) <input type="checkbox"/>	<input type="checkbox"/> Review reasons for re-hospitalization in context of prior hospitalization <input type="checkbox"/> Follow-up phone call at 72 hours to assess condition, adherence and complications <input type="checkbox"/> Follow-up appointment with aftercare medical provider within 7 days	
<b>Palliative care</b> (Would you be surprised if this patient died in the next year? Does this patient have an advanced or progressive serious illness?) Yes to either: <input type="checkbox"/>	<input type="checkbox"/> Assess need for palliative care services <input type="checkbox"/> Identify goals of care and therapeutic options <input type="checkbox"/> Communicate prognosis with patient/family/caregiver <input type="checkbox"/> Assess and address bothersome symptoms <input type="checkbox"/> Identify services or benefits available to patients based on advanced disease status <input type="checkbox"/> Discuss with patient/family/caregiver role of palliative care services and benefits and services available	

PT.

MR./P.M.

DR.

## Universal Patient Discharge Checklist

		Initials
1. GAP assessment (see below) completed with issues addressed.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
2. Medications reconciled with pre-admission list.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
3. Medication use/side effects reviewed using Teach Back with patient/caregiver(s).....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
4. Teach Back used to confirm patient/caregiver understanding of disease, prognosis and self-care requirements.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
5. Action plan for management of symptoms/side effects/complications requiring medical attention established and shared with patient/caregiver using Teach Back.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
6. Discharge plan (including educational materials; medication list with reason for use and highlighted new/changed/discontinued drugs; follow-up plans) taught with written copy provided to patient/caregiver at discharge.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
7. Discharge communication provided to principal care provider(s).....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
8. Documented receipt of discharge information from principal care provider(s).....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
9. Arrangements made for outpatient follow-up with principal care provider(s).....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
<u>For increased risk patients, consider.....</u> Not applicable <input type="checkbox"/>		
1. Interdisciplinary rounds with patient/caregiver prior to discharge to review aftercare plan	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
2. Direct communication with principal care provider <i>before</i> discharge.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
3. Phone contact with patient/caregiver arranged within 72 hours post-discharge to assess condition, discharge plan comprehension and adherence, and to reinforce follow-up.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
4. Follow-up appointment with principal care provider within 7 days of discharge.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____
5. Direct contact information for hospital personnel familiar with patient's course provided to patient/caregiver to address questions/concerns <i>if unable to reach principal care provider</i> prior to first follow-up.....	YES <input type="checkbox"/> NO <input type="checkbox"/>	_____

Confirmed by: \_\_\_\_\_ Signature \_\_\_\_\_ Print Name \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Date

### General Assessment of Preparedness (GAP)

Prior to discharge, evaluate the following areas with the patient/caregiver(s). Communicate concerns identified as appropriate to principal care providers.  
**A** = beginning upon Admission; **P** = Prior to discharge; **D** = at Discharge

#### Logistical Issues

- |   |   |  |  |  |   |
|---|---|--|--|--|---|
| 1. Functional status assessment completed (P)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 2. Access (e.g. keys) to home insured (P)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 3. Home prepared for patient's arrival (P)<br>(e.g. medical equipment, safety evaluation, food) | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 4. Financial resources for care needs assessed (P)  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 5. Ability to obtain medications confirmed (P)  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 6. Responsible party for insuring med adherence identified/prepared, if not patient (P)         | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 7. Transportation to initial follow-up arranged (D)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 8. Transportation home arranged (D)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |

#### Psychosocial Issues

- |  |   |  |  |  |   |
|--|---|--|--|--|---|
| 1. Substance abuse/dependence evaluated (A)  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 2. Abuse/neglect presence assessed (A)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 3. Cognitive status assessed (A)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 4. Advanced care planning documented (A)   | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 5. Support circle for patient identified (P)                                       | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |
| 6. Contact information for home care services obtained and provided to patient (D) | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |  |  |  | YES <input type="checkbox"/> NO <input type="checkbox"/> N/A <input type="checkbox"/> |

Confirmed by: \_\_\_\_\_ Signature \_\_\_\_\_ Print Name \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Date

PT.

MR./P.M.

DR.