



IMAGING CENTER
501 South Ballenger Highway, Suite B
Flint, MI 48532
(810) 342 4800

BREAST CENTER
Clarkston Medical Building
5701 Bow Pointe Drive, Suite 255
Clarkston, Michigan 48346
(248) 922 6810
fax: (248) 922-6811

Appointment Date: ____ / ____ / ____

Appointment Time: _____

PATIENT INSTRUCTION SHEET FOR BREAST BIOPSY

Dear Ms.,

Your doctor has referred you for a stereotactic breast biopsy. This procedure is one of the most recent advances in the diagnosis of breast disease and is currently available as an alternative to the traditional open surgical biopsy. This letter is written to inform you of the procedure and possible complications.

Stereotactic breast biopsy

Preparation:

It is not necessary to fast before your procedure. You may eat a light breakfast. If you are scheduled in the afternoon, eat your usual breakfast and light lunch.

- Wear comfortable clothing. Most patients prefer to wear a two piece garment.
- You may be observed for a period of one hour following the conclusion of the procedure.
- If you need to be placed on prophylactic antibiotics before surgical procedures, please let us know in advance.

If you take aspirin or ansaids i.e. Ibuprofen or Naproxen Sodium, please discontinue for one week.

If you are taking blood thinners such as coumadin, Heparin or Plavix, you must get a lab order from your referring physician and get your blood drawn 5 days after stopping the medication. We must have the results before we can do the procedure.

The Procedure:

You will be placed on the table, face-down, with your breast suspended through a hole in the table. The skin will be cleansed with an iodine antiseptic solution. The skin will be numbed with a local anesthetic. A small nick will be made in the skin and the biopsy needle will be inserted. A mammography machine and biopsy device below the table are linked to a computer which will guide the needle to the abnormal area in the breast. Multiple small cores of tissue will be obtained. The procedure usually lasts one to one and one-half hours.

Afterwards:

Following the stereotactic biopsy, you may have some mild tenderness, bruising, slight bleeding or oozing at the biopsy site. Occasionally, a patient may experience abnormal bleeding, pain or infection, however, this is rare.

Please consult your doctor with any concerns.