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BREAST CENTER
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Appointment Date: ____ / ____ / ____

Appointment Time: _____

PATIENT INSTRUCTION SHEET FOR ULTRASOUND BREAST BIOPSY

Dear Ms.,

Your physician has referred you for an ultrasound guided core biopsy. The procedure is one of the most recent advances in the diagnosis of breast disease and is currently available as an alternative to the traditional open surgical biopsy. This letter is written to inform you of the procedure and possible complications.

Ultrasound Core Biopsy

Preparation:

It is not necessary to fast before your procedure. You may eat a light breakfast. If you are scheduled in the afternoon, eat your usual breakfast and light lunch.

- Wear comfortable clothing. Most patients prefer to wear a two piece garment.
- You may be observed for a period of one hour following the conclusion of the procedure.
- If you need to be placed on prophylactic antibiotics before surgical procedures, please let us know in advance.
- If you take aspirin or NSAIDS (examples: Ibuprofen or naproxen sodium) please discontinue for one week.

If you are taking blood thinners such as Coumadin, Heparin or Plavix, you must get a lab order from your referring physician and get your blood drawn 5 days after stopping the medication. We must have the results before we can do the procedure.

The Procedure:

You will be placed on a table lying down as in your ultrasound exam. Your skin will be cleansed with an iodine antiseptic solution. Your skin will be numbed with a local anesthetic. A small nick will be made in the skin and a biopsy needle will be inserted. Multiple small cores of tissue will be obtained. The procedure usually lasts 30 to 60 minutes.

Afterwards:

Following the ultrasound core biopsy, you may have mild tenderness, bruising, slight bleeding, or oozing at the biopsy site. Occasionally, a patient may experience abnormal bleeding, pain, or infection. However, these symptoms are rare.

Please consult your doctor with any concerns.