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BREAST CENTER
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Appointment Date: ____ / ____ / ____

Appointment Time: _____

PATIENT INSTRUCTION SHEET FOR ULTRASOUND GUIDED CYST ASPIRATION

Dear Ms.,

Your physician has referred you for an ultrasound guided cyst aspiration. The procedure is one of the most recent advances in the diagnosis of breast disease. This letter is written to inform you of the procedure and possible complications.

Ultrasound Cyst Aspiration

Preparation:

It is not necessary to fast before your procedure. You may eat a light breakfast. If you are scheduled in the afternoon, eat your usual breakfast and light lunch.

- Wear comfortable clothing. Most patients prefer to wear a two piece garment.
- If you need to be placed on prophylactic antibiotics before surgical procedures, please let us know in advance. If you take aspirin or NSAIDS (examples: Ibuprofen, Naproxen Sodium), please discontinue for one week. See attached medicine sheet.
- If you are taking blood thinners such as Coumadin, Heparin or Plavix, you must get a lab order from your referring physician and get your blood drawn five (5) days after stopping the medication. We must have the results back before we can do the procedure.

The Procedure:

You will be placed on a table lying down as in your ultrasound exam. Your skin will be cleansed with an iodine antiseptic solution. Your skin will be numbed with a local anesthetic. A small needle will then draw fluid out of the area of concern. The procedure usually lasts for 30 minutes.

Afterwards:

Following the ultrasound cyst aspiration, you may have mild tenderness, bruising, slight bleeding. Occasionally, a patient may experience abnormal bleeding, pain, or infection. However, these symptoms are rare.

Please consult your doctor with any concerns.