



## SKIN CLEANING BEFORE SURGERY

To reduce the risk for infections after surgery, we recommend the following skin cleaning procedure. Good skin cleaning helps to decrease the number of germs living on your skin.

1. You will be given a bottle or packet of chlorhexidine gluconate (CHG) soap, if allergic you can use antibacterial soap.
2. Shower or bathe 3 consecutive days prior to surgery and again the morning of surgery using the special skin cleaner. Use your regular shampoo to clean your hair, and then follow the instructions below for cleaning your body.
3. Put a quarter size amount of the cleaner on a clean washcloth and begin to wash. Repeat until the whole body has been washed from the neck down. **DO NOT USE THE CLEANER ANYWHERE ON YOUR HEAD, ON AN OPEN SORE OR IN THE GENITAL AREA.** If the cleaner gets in your eyes or ears, rinse them right away with a large amount of cool water for many minutes.
4. If you are having surgery on your hand or foot, follow step 3 above, and then scrub the nails with the cleaner and a nailbrush.
5. Rinse well.
6. Dry with a clean, dry towel and dress with clean, dry clothing.
7. Call Pre-Admission Testing at 810-342-2193 if you have any questions or concerns.