

**McLaren Medical Group  
PEDIATRIC PHYSICAL EXAMINATION**

**AGE 6 Months**

Date: \_\_\_\_\_ Age: \_\_\_\_\_ Accompanied By: \_\_\_\_\_

**INTERVAL HISTORY / REVIEW OF SYSTEMS**

*See Pediatric/Adolescent History Form/Problem List/Med. List*

Concerns/Additional History: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Nutrition:  Breast  Bottle  Solid Foods \_\_\_\_\_  
 Formula \_\_\_\_\_ Amt/feeding \_\_\_\_\_ Frequency \_\_\_\_\_

Elimination:  WNL \_\_\_\_\_

Sleep:  WNL \_\_\_\_\_

Behavior:  WNL \_\_\_\_\_

Hearing: \_\_\_\_\_  
 Vision: \_\_\_\_\_

**DEVELOPMENT**

<b>KEY:</b> <input checked="" type="checkbox"/> = Has achieved <input type="checkbox"/> = Has not achieved	<input type="checkbox"/> Pulls to Sit - No Head Lag	<input type="checkbox"/> Transfers
	<input type="checkbox"/> Reaches for Objects	<input type="checkbox"/> Blocks with Hands
	<input type="checkbox"/> Rolls Over Both Ways	<input type="checkbox"/> Sits with/without Support
	<input type="checkbox"/> Vocalizes Consonant Sounds	

**EDUCATION**

Discussed and/or handout given:

<input type="checkbox"/> Nutrition	<input type="checkbox"/> Injury Prevention
<input type="checkbox"/> Milk	<input type="checkbox"/> Auto/Car Seat
<input type="checkbox"/> Breast Feeding	<input type="checkbox"/> Falls
<input type="checkbox"/> Formula/Juices	<input type="checkbox"/> No Strings Around Neck
<input type="checkbox"/> Introduction of Solid Foods	<input type="checkbox"/> No Shaking
<input type="checkbox"/> Elimination	<input type="checkbox"/> Burns
<input type="checkbox"/> Fever (Signs/Symptoms)	<input type="checkbox"/> Water Heaters
<input type="checkbox"/> Sleep	<input type="checkbox"/> Smoke Detectors
<input type="checkbox"/> Back to Sleep	<input type="checkbox"/> Carbon Monoxide Detectors
<input type="checkbox"/> Sleeping Problems	<input type="checkbox"/> Childproof Environment
<input type="checkbox"/> Behavior/Development	<input type="checkbox"/> Tub Safety
<input type="checkbox"/> Social	<input type="checkbox"/> Passive Smoke Exposure
<input type="checkbox"/> Communication Skills - Read to Baby	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Physical - Teething	

**PHYSICAL EXAMINATION**

Weight \_\_\_\_\_ Height \_\_\_\_\_ Head Circumference \_\_\_\_\_

**See Growth Chart**

T: \_\_\_\_\_ P: \_\_\_\_\_ R: \_\_\_\_\_

**KEY:**  WNL  
 Not addressed or exceptions/abnormalities must be documented

Gen. Appearance \_\_\_\_\_  
 Head/Fontanel \_\_\_\_\_  
 Eye/Red Reflex \_\_\_\_\_  
 Ears \_\_\_\_\_  
 Nose \_\_\_\_\_  
 Mouth/Throat \_\_\_\_\_  
 Lungs \_\_\_\_\_  
 Heart \_\_\_\_\_  
 Femoral Pulses \_\_\_\_\_  
 Abdomen \_\_\_\_\_  
 Genitalia \_\_\_\_\_  
 Male/Testes Down \_\_\_\_\_  
 Female \_\_\_\_\_  
 Extremities \_\_\_\_\_  
 Back \_\_\_\_\_  
 Skin \_\_\_\_\_  
 Neurologic \_\_\_\_\_

Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ASSESSMENT**

Well child

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**PLANS/FOLLOW-UP**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Next well child at age 9 months

**IMMUNIZATIONS**

DTaP #3  IPV #3  Prevnar #3  Influenza Vaccine  
 Hib #3  Hep B #3  Rotavirus #3  MCIR Updated

Physician provided face-to-face counseling with the parent/guardian at the time of administration of (list number) \_\_\_\_\_ vaccine(s) at this visit.

Parent/guardian verbalized understanding of education/instructions  
 See Progress Notes for additional documentation

Clinical Staff Signature: \_\_\_\_\_  
 Provider Signature: \_\_\_\_\_

Patient Name: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_

McLaren Medical Group  
**WELL CHILD EXAM-INFANCY: 6 Months**

DATE	PATIENT NAME	DOB
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**Developmental Questions and Observations**

Ask the parent to respond to the following statements about the infant:

Yes      No

           Please tell me any concerns about the way your baby is behaving or developing:

- My baby seeks comfort when upset.
- My baby smiles and laughs.
- My baby says things like “da da” or “ba ba”.
- My baby eats some solid foods.
- My baby sits with help/support.
- My baby can pick up objects.
- My baby likes to look at and be with me.
- My baby rolls over.

Ask the parent to respond to the following statements:

Yes      No

- I am sad more often than I am happy.
- I have people who help me when I get frustrated.
- I am enjoying my baby more days than not.
- I have a daily routine that seems to work.
- I keep in contact with family and friends.
- I feel safe with my partner.

Provider to follow up as necessary

**Developmental Milestones**

Always ask parents if they have concerns about development or behavior. (You may use the following screening list, or a standardized developmental instrument or screening tool. Tool Used: \_\_\_\_\_).

Infant Development			Parent Development		
Turns to sounds/voices	Yes	No	Parent shows confidence with baby	Yes	No
Can be comforted most of the time	Yes	No	Parent comforts baby effectively	Yes	No
Smiles, squeals and laughs responsively	Yes	No	Parent and baby are interested in and respond to each other	Yes	No
Has no head lag when pulled to sit	Yes	No	Parent seems depressed, angry, tired, overwhelmed, or uncomfortable	Yes	No
			Parent notices and responds to baby's wants and needs	Yes	No

Please note: Formal developmental examinations are recommended when surveillance suggests a delay or abnormality, especially when the opportunity for continuing observation is not anticipated. (*Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*)

**Additional Notes from pages 1 and 2:**

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Staff Signature: \_\_\_\_\_

Provider Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Patient Name:

Date of Birth: