

### MONDAY LUNCH

REGULAR / CONS CHO= \_\_\_\_ star

Our chef has prepared a few specials for lunch:

#1 Braised Pot Roast with Baby Carrots, Mashed potatoes\*,  
served with a Dinner Roll\*

#2 Smoked Turkey and Cheese Wrap\*\* with Lettuce  
and Tomato, served with Tomato Soup\*

Which one would you prefer?

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	<u>Margarine</u>
Sugar Sub	<u>Pepper</u>	Crackers (2)
Creamer	Mrs Dash	SF Crackers (2)
Mayo	Mustard	

EXTRAS:

M-5150-A (6/15)

### MONDAY DINNER

REGULAR / CONS CHO= \_\_\_\_ star

Our chef has prepared a few specials for dinner:

#1 Cheese Lasagna RollUp\*\*  
served with Fresh Italian Blend Vegetable

#2 Sweet and Sour Chicken\*\* served with  
Brown Rice\*\* and Fresh Italian Blend Vegetable

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Red Velvet Cake\*\*

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine
Sugar Sub	<u>Pepper</u>	
<u>Creamer</u>	Mrs Dash	

EXTRAS:

M-5150-A (6/15)

### TUESDAY BREAKFAST

REGULAR / CONS CHO= \_\_\_\_ star

For breakfast today, our chefs have prepared:

#1 Western Skillet\*, served with  
Blueberry Muffin\*\*

#2 Choice of Oatmeal\* or  
Cold Cereal\*, served with Fruit Cocktail\*  
and Blueberry Muffin\*\*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar</u>	Salt	<u>Margarine</u>
Sugar Sub	<u>Pepper</u>	Brown Sugar*
<u>Creamer</u>	Mrs Dash	Ketchup

EXTRAS:

M-5150-A (6/15)