

### WEDNESDAY LUNCH

REGULAR / CONS CHO= \_\_\_\_ star

Our chef has prepared a few specials for lunch:

#1 Kung Pao Meatballs served over brown rice\*\*  
with Sesame Broccoli and Carrots

#2 Grilled Chicken Wrap\*\*  
served with Cream of Broccoli Soup\*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	Margarine
Sugar Sub	<u>Pepper</u>	Crackers (2)
Creamer	Mrs Dash	SF Crackers (2)

EXTRAS:

M-5150-C (6/15)

### WEDNESDAY DINNER

REGULAR / CONS CHO= \_\_\_\_ star

Our chef has prepared a few specials for dinner:

#1 Chicken Alfredo\*\* served with green beans,  
and a garlic breadstick\*

#2 Country Fried Steak served with mashed potatoes\*,  
country gravy, and green beans

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is S'more trifle\*\*

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine
Sugar Sub	<u>Pepper</u>	
<u>Creamer</u>	Mrs Dash	

EXTRAS:

M-5150-C (6/15)

### THURSDAY BREAKFAST

REGULAR / CONS CHO= \_\_\_\_ star

For breakfast today, our chefs have prepared:

#1 Pineapple coffee cake\*\* served with  
scrambled eggs

#2 Choice of Oatmeal\* or  
Cold Cereal\*, served with Pineapple Tidbits\*  
and Lemon Poppyseed Muffin\*\*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine
Sugar Sub	<u>Pepper</u>	Brown Sugar*
<u>Creamer</u>	Mrs Dash	Ketchup

EXTRAS:

M-5150-C (6/15)