### THURSDAY LUNCH

REGULAR / CONS CHO= \_\_\_\_ star

#### THURSDAY DINNER

REGULAR / CONS CHO= \_\_\_\_ star

## Our chef has prepared a few specials for lunch: Our chef has

#1 Chili\*\* and garden salad served with a corn muffin\*\*

Dressing?

#2 Turkey Club Sandwich\*\* served with Navy Bean Soup\*

### Which one would you prefer?

## What would you like to drink?

Skim milk\* Ice Tea Hot Tea

2% milk\* Decaf Ice Tea Decaf Hot Tea
Whole milk\* Coffee

Chocolate milk\*\* Decaf Coffee

## Don't forget the Condiments

 Sugar
 Salt
 Margarine

 Sugar Sub
 Pepper
 Crackers (2)

 Creamer
 Mrs Dash
 SF Crackers (2)

EXTRAS:			

M-5150-D (6/15)

# Our chef has prepared a few specials for dinner:

#1 Beef Stroganoff\* served with corn\* and a dinner roll\*

#2 Rotisserie style chicken served with mashed sweet potatoes\*\* and dinner roll\*

## Which one would you prefer?

## Would you like dessert with dinner?

Dessert of the day is Carrot cake\*\*

#### What would you like to drink?

Skim milk\* Ice Tea Hot Tea
2% milk\* Decaf Ice Tea Decaf Hot Tea

Whole milk\* Coffee
Chocolate milk\*\* Decaf Coffee

## Don't forget the Condiments

Sugar Salt Margarine

Sugar Sub Pepper Creamer Mrs Dash

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EXTRAS:

#### FRIDAY BREAKFAST

REGULAR / CONS CHO= \_\_\_\_ star

#### For breakfast today, our chefs have prepared:

#1 Southwestern breakfast casserole served with potatoes o'brien\*

#2 Choice of Oatmeal\* or Cold Cereal\*, served with Vanilla Yogurt\* and Mandarin Oranges\*

## Which one would you prefer?

## What would you like to drink?

Skim milk\*CoffeeOrange Juice\*2% milk\*Decaf CoffeeApple juice\*Whole milk\*Hot TeaPrune Juice\*Chocolate milk\*\*Decaf Hot TeaCranberry Juice\*

## Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine		
Sugar Sub	Pepper	Brown Sugar*		
Creamer	Mrs Dash	Ketchup		

EXTRAS:			

M-5150-D (6/15)