

**FRIDAY LUNCH**

REGULAR / CONS CHO= \_\_\_\_ star

Our chef has prepared a few specials for lunch:

#1 Hamburger Deluxe\*\* (tomato and lettuce)  
served with Homemade Kettle Chips\*

#2 Grilled Chicken on a Bed of Greens  
Vegetable Soup and a Dinner roll\*  
Dressing? \_\_\_\_\_ reg/fat free

Which one would you prefer?

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	Margarine
Sugar Sub	Pepper	Crackers (2)
Creamer	Mrs Dash	SF Crackers (2)
<u>ketchup</u>	mayo	relish
mustard	miracle whip	

EXTRAS:

M-5150-E (6/15)

**FRIDAY DINNER**

REGULAR / CONS CHO= \_\_\_\_ star

Our chef has prepared a few specials for dinner:

#1 Penne Pasta\* with meat sauce,  
served with Green Beans and dinner roll\*

#2 Baked Fish Filet served with rice pilaf\*\*

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Double Chocolate cake\*\*

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	<u>Margarine</u>
Sugar Sub	<u>Pepper</u>	Tartar Sauce
<u>Creamer</u>	Mrs Dash	

EXTRAS:

M-5150-E (6/15)

**SATURDAY BREAKFAST**

REGULAR / CONS CHO= \_\_\_\_ star

For breakfast today, our chefs have prepared:

#1 Scrambled eggs and turkey sausage served with  
breakfast potatoes\* and diced pears\*

#2 Choice of Oatmeal\* or  
Cold Cereal\*, served with Orange Muffin\*\*  
and Diced Pears\*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine
Sugar Sub	Pepper	Brown Sugar*
<u>Creamer</u>	Mrs Dash	Ketchup

EXTRAS:

M-5150-E (6/15)