

**SUNDAY LUNCH**

Cardiac

Our chef has prepared a few specials for lunch:

#1 Hearty Beef Stew\*\* served with Corn Muffin\*\*

#2 Chef Salad served with White Chicken Chili\* and a Dinner Roll\* Dressing? \_\_\_\_\_ fat free

Which one would you prefer?

What would you like to drink?

Skim milk\*                      Decaf Ice Tea  
2% milk\*                        Decaf Coffee  
Chocolate milk\*\*              Decaf Hot Tea

Don't forget the Condiments

Sugar                              Pepper                      Margarine  
Sugar Sub                        Mrs Dash                      SF Crackers (2)  
Creamer

EXTRAS:

M-606 (6/15)

**SUNDAY DINNER**

Cardiac

Our chef has prepared a few specials for dinner:

#1 Roasted Turkey and Dressing\* and Gravy, served with Green Beans

#2 Smokehouse Chicken sandwich\*\* served with Unsalted Kettle Chips\*

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Cheesecake mousse\*\*

What would you like to drink?

Skim milk\*                      Decaf Ice Tea  
2% milk\*                        Decaf Coffee  
Chocolate milk\*\*              Decaf Hot Tea

Don't forget the Condiments

Sugar                              Pepper                              Margarine  
Sugar Sub                        Mrs Dash  
Creamer                        light miracle whip  
mustard

EXTRAS:

M-606 (6/15)

**MONDAY BREAKFAST**

Cardiac

For breakfast today, our chefs have prepared:

#1 Homestyle biscuit\*\* with turkey gravy, served with peaches\*

#2 Choice of Oatmeal\* or Cold Cereal\*, served with Vanilla Yogurt\* and peaches\*

Which one would you prefer?

What would you like to drink?

Skim milk\*                      Decaf Coffee                      Orange Juice\*  
2% milk\*                        Decaf Hot Tea                      Apple juice\*  
Chocolate milk\*\*              Prune Juice\*  
Cranberry Juice\*

Don't forget the Condiments

Sugar                              Pepper                              Margarine  
Sugar Sub                        Mrs Dash                              Brown Sugar\*  
Creamer

EXTRAS:

M-606 (6/15)