

MONDAY LUNCH

Cardiac

Our chef has prepared a few specials for lunch:

#1 Braised Pot Roast with Baby Carrots, Mashed potatoes*, served with a Dinner Roll*

#2 Smoked Turkey and Cheese Wrap** with Lettuce and Tomato, served with Tomato Soup*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	Decaf Ice Tea
2% milk*	Decaf Coffee
Chocolate milk**	Decaf Hot Tea

Don't forget the Condiments

Sugar	<u>Pepper</u>	<u>Margarine</u>
Sugar Sub	Mrs Dash	SF Crackers (2)
Creamer	Mustard	Light Miracle Whip

EXTRAS:

M-606-A (6/15)

MONDAY DINNER

Cardiac

Our chef has prepared a few specials for dinner:

#1 Cheese Lasagna RollUp** served with Fresh Italian Blend Vegetable

#2 Sweet and Sour Chicken** served with Brown Rice** and Fresh Italian Blend Vegetable

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Red Velvet Cake**

What would you like to drink?

Skim milk*	Decaf Ice Tea
2% milk*	<u>Decaf Coffee</u>
Chocolate milk**	Decaf Hot Tea

Don't forget the Condiments

<u>Sugar</u>	<u>Pepper</u>	Margarine
Sugar Sub	Mrs Dash	
<u>Creamer</u>		

EXTRAS:

M-606-A (6/15)

TUESDAY BREAKFAST

Cardiac

For breakfast today, our chefs have prepared:

#1 Western Skillet*, served with Blueberry Muffin**

#2 Choice of Oatmeal* or Cold Cereal*, served with Fruit Cocktail* and Blueberry Muffin**

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Decaf Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Hot Tea	Apple juice*
Chocolate milk**		Prune Juice*
		Cranberry Juice*

Don't forget the Condiments

<u>Sugar</u>	Pepper	Margarine
Sugar Sub	Mrs Dash	Brown Sugar*
<u>Creamer</u>		

EXTRAS:

M-606-A (6/15)