

WEDNESDAY LUNCH

Cardiac

Our chef has prepared a few specials for lunch:

#1 Kung Pao Meatballs served over brown rice**
with Sesame Broccoli and Carrots

#2 Grilled Chicken Wrap**
served with Cream of Broccoli Soup*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	Decaf Ice Tea
2% milk*	Decaf Coffee
Chocolate milk**	Decaf Hot Tea

Don't forget the Condiments

Sugar	<u>Pepper</u>	Margarine
Sugar Sub	Mrs Dash	SF Crackers (2)
Creamer	Mustard	Light Miracle Whip

EXTRAS:

M-606-C (6/15)

WEDNESDAY DINNER

Cardiac

Our chef has prepared a few specials for dinner:

#1 Grilled Chicken with Marinara Sauce over Noodles**
served with green beans, and a garlic breadstick*
Marinara Sauce is Special Order!

#2 Baked Fish Filet served with mashed potatoes*,
gravy, and green beans

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is S'more trifle**

What would you like to drink?

Skim milk*	Decaf Ice Tea
2% milk*	<u>Decaf Coffee</u>
Chocolate milk**	Decaf Hot Tea

Don't forget the Condiments

<u>Sugar</u>	<u>Pepper</u>	Margarine
Sugar Sub	Mrs Dash	Tartar sauce
<u>Creamer</u>		

EXTRAS:

M-606-C (6/15)

THURSDAY BREAKFAST

Cardiac

For breakfast today, our chefs have prepared:

#1 Pineapple coffee cake** served with
scrambled eggs

#2 Choice of Oatmeal* or
Cold Cereal*, served with Pineapple Tidbits*
and Lemon Poppyseed Muffin**

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Decaf Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Hot Tea	Apple juice*
Chocolate milk**		Prune Juice*
		Cranberry Juice*

Don't forget the Condiments

<u>Sugar</u>	<u>Pepper</u>	Margarine
Sugar Sub	Mrs Dash	Brown Sugar*
<u>Creamer</u>	Ketchup	

EXTRAS:

M-606-C (6/15)