

## SATURDAY LUNCH

Cardiac

Our chef has prepared a few specials for lunch:

#1 Chicken Pot Pie\*\* served Hubbard Squash\*

#2 Tuna Salad sandwich\*\* served with Beef Barley Soup\*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	Decaf Ice Tea
2% milk*	Decaf Coffee
Chocolate milk**	Decaf Hot Tea

Don't forget the Condiments

Sugar	<u>Pepper</u>	<u>Margarine</u>
Sugar Sub	Mrs Dash	SF Crackers (2)
Creamer		

EXTRAS:

M-606-F (6/15)

## SATURDAY DINNER

Cardiac

Our chef has prepared a few specials for dinner:

#1 Turkey Meatloaf served with mashed potatoes\* and gravy, mixed vegetables\* and dinner roll\*

#2 Baked macaroni and cheese\*\*\* served with mixed vegetable\*

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Chocolate banana bread pudding\*\*

What would you like to drink?

Skim milk*	Decaf Ice Tea
2% milk*	<u>Decaf Coffee</u>
Chocolate milk**	Decaf Hot Tea

Don't forget the Condiments

<u>Sugar</u>	<u>Pepper</u>	<u>Margarine</u>
Sugar Sub	Mrs Dash	Ketchup
<u>Creamer</u>		

EXTRAS:

M-606-F (6/15)

## SUNDAY BREAKFAST

Cardiac

For breakfast today, our chefs have prepared:

#1 Ham and cheese casserole\* served with banana muffin\*\*

#2 Choice of Oatmeal\* or Cold Cereal\*, served with Tropical Fruit\* and Banana Muffin\*\*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Decaf Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Hot Tea	Apple juice*
Chocolate milk**		Prune Juice*
		Cranberry Juice*

Don't forget the Condiments

<u>Sugar</u>	Pepper	Margarine
Sugar Sub	Mrs Dash	Brown Sugar*
<u>Creamer</u>		

EXTRAS:

M-606-F (6/15)