

MONDAY LUNCH

GI Soft

Our chef has prepared a few specials for lunch:

#1 Braised Pot Roast with Baby Carrots,
Mashed potatoes* (no gravy) and dinner roll*

#2 Smoked Turkey and Cheese Wrap** (No Lettuce
or Tomato), served with Tomato Soup*
(special order wrap)

Which one would you prefer?

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	<u>Margarine</u>
Sugar Sub	Mrs Dash	Crackers (2)
Creamer	Mayo	SF Crackers (2)
	Miracle Whip	

EXTRAS:

M-607-A (6/15)

MONDAY DINNER

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Our chef has prepared a few specials for dinner:

#1 Cheese Lasagna RollUp**
served with Fresh Italian Blend Vegetable

#2 Sweet and Sour Chicken** served with
White rice* and Fresh Italian Blend Vegetables
(No brown rice)

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Red Velvet Cake**

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine
Sugar Sub		
<u>Creamer</u>	Mrs Dash	

EXTRAS:

M-607-A (6/15)

TUESDAY BREAKFAST

GI Soft

For breakfast today, our chefs have prepared:

#1 Scrambled Eggs served with
your choice of white/wheat toast (2)**

#2 Choice of Oatmeal* or (No raisin bran)
Cold Cereal*, served with pineapple tidbits*
and toast(2)**

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar x2</u>	Salt	<u>Margarine</u>
Sugar Sub		Jelly
<u>Creamer</u>	Mrs Dash	SF Jelly
		Brown Sugar*

EXTRAS:

M-607-A (6/15)