

WEDNESDAY LUNCH

GI Soft

Our chef has prepared a few specials for lunch:

#1 Grilled chicken wrap** (no lettuce or tomato)
served with chicken noodle soup*

(Wrap is special order)

#2. Baked Fish filet over white rice**
served with Chicken noodle Soup*

Special Order Baked Fish

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	Margarine
Sugar Sub	Mrs Dash	Crackers (2)
Creamer	Mayo	SF Crackers (2)
	Miracle Whip	Tartar Sauce

EXTRAS:

M-607-C (6/15)

WEDNESDAY DINNER

GI Soft

Our chef has prepared a few specials for dinner:

#1 Chicken Alfredo** served with Green Beans,
and a garlic breadstick*

#2 Turkey sandwich on White** served with
Green Beans and Mashed Potatoes*

Special Order Sandwich- no lettuce or tomato

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is S'more trifle**

What would you like to drink?

<u>Skim milk*</u>	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	Margarine
Sugar Sub	Mrs Dash	
<u>Creamer</u>	Mayo	
	Miracle Whip	

EXTRAS:

M-607-C (6/15)

THURSDAY BREAKFAST

GI Soft

For breakfast today, our chefs have prepared:

#1 Pineapple Coffee Cake** served with
scrambled eggs

#2 Choice of Oatmeal* or (No raisin bran)
Cold Cereal*, served with Pineapple Tidbits*
and toast (2)**

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar x2</u>	Salt	Margarine
Sugar Sub	Mrs Dash	Brown Sugar*
<u>Creamer</u>		Jelly
		SF Jelly

EXTRAS:

M-607-C (6/15)