

THURSDAY LUNCH

GI Soft

Our chef has prepared a few specials for lunch:

#1 Turkey Club Sandwich** made with turkey bacon, (no lettuce or tomato), served with chicken noodle soup*

#2 Homemade Chicken Noodle Soup* served with a corn muffin** and canned fruit of your choice* (no fruit cocktail)

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	Margarine
Sugar Sub	Mrs Dash	<u>Crackers (2)</u>
Creamer	Mayo	SF Crackers (2)
	Miracle Whip	

EXTRAS:

M-607-D (6/15)

THURSDAY DINNER

GI Soft

Our chef has prepared a few specials for dinner:

#1 Beef Stroganoff* served with carrots and a dinner roll*

#2 Rotisserie style chicken served with mashed sweet potatoes* and dinner roll*

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Ice Cream**

What would you like to drink?

<u>Skim milk*</u>	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	<u>Margarine</u>
Sugar Sub	Mrs Dash	
<u>Creamer</u>		

EXTRAS:

M-607-D (6/15)

FRIDAY BREAKFAST

GI Soft

For breakfast today, our chefs have prepared:

#1 Scrambled Eggs served with Toast**(2) and your choice of canned fruit* (No fruit cocktail)

#2 Choice of Oatmeal* or (no raisin bran) Cold Cereal*, served with Vanilla Yogurt* and Mandarin Oranges*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar x2</u>	Salt	<u>Margarine (2)</u>
Sugar Sub	Mrs Dash	Brown Sugar*
<u>Creamer</u>		Jelly
		SF Jelly

EXTRAS:

M-607-D (6/15)