

FRIDAY LUNCH

GI Soft

Our chef has prepared a few specials for lunch:

#1 Hamburger** (NO tomato or lettuce)
served with whipped potatoes* (no gravy)

#2 Grilled Chicken Breast served with
Whipped potatoes* and a Dinner roll*
Chicken is special order!!

Which one would you prefer?

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	<u>Margarine</u>
Sugar Sub	Mrs Dash	Crackers (2)
Creamer	mayo	SF Crackers (2)
<u>ketchup</u>	miracle whip	relish

NO MUSTARD

EXTRAS:

M-607-E (6/15)

FRIDAY DINNER

GI Soft

Our chef has prepared a few specials for dinner:

#1 Penne Pasta* with meat sauce, served with Green Beans
and a Dinner Roll*

#2 Baked Fish Filet served with rice pilaf** and
Green Beans

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Double Chocolate cake**

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	<u>Margarine</u>
Sugar Sub	Mrs Dash	
<u>Creamer</u>	Tartar Sauce	

EXTRAS:

M-607-E (6/15)

SATURDAY BREAKFAST

GI Soft

For breakfast today, our chefs have prepared:

#1 Scrambled Eggs served with
Potatoes O'Brian* and Diced Pears*

#2 Choice of Oatmeal* or (no raisin bran)
Cold Cereal*, served with Orange Muffin**
and Diced Pears*

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar x2</u>	Salt	Margarine
Sugar Sub	Brown Sugar*	ketchup
<u>Creamer</u>	Mrs Dash	

EXTRAS:

M-607-E (6/15)