

SATURDAY LUNCH

GI Soft

Our chef has prepared a few specials for lunch:

#1 Grilled Chicken Breast served with Hubbard Squash* and Dinner Roll*

Chicken is Special Order

#2 Tuna Salad Sandwich** served with Chicken Noodle Soup*

Which one would you prefer?

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	Coffee	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

Sugar	Salt	<u>Margarine</u>
Sugar Sub		Crackers (2)
Creamer	Mrs Dash	SF Crackers (2)

EXTRAS:

M-607-F (6/15)

SATURDAY DINNER

GI Soft

Our chef has prepared a few specials for dinner:

#1 Turkey Meatloaf, served with mashed potatoes* (no gravy), Carrots and a Dinner roll*

#2 Baked macaroni and cheese*** served with carrots

Which one would you prefer?

Would you like dessert with dinner?

Dessert of the day is Chocolate banana bread pudding**

What would you like to drink?

Skim milk*	Ice Tea	Hot Tea
2% milk*	Decaf Ice Tea	Decaf Hot Tea
Whole milk*	<u>Coffee</u>	
Chocolate milk**	Decaf Coffee	

Don't forget the Condiments

<u>Sugar</u>	Salt	<u>Margarine</u>
Sugar Sub	Mrs Dash	
<u>Creamer</u>		

EXTRAS:

M-607-F (6/15)

SUNDAY BREAKFAST

GI Soft

For breakfast today, our chefs have prepared:

#1 Ham and Cheese Casserole* served with banana muffin**

#2 Choice of Oatmeal* or (no raisin bran) Cold Cereal*, served with Tropical Fruit* and Banana Muffin**

Which one would you prefer?

What would you like to drink?

<u>Skim milk*</u>	<u>Coffee</u>	<u>Orange Juice*</u>
2% milk*	Decaf Coffee	Apple juice*
Whole milk*	Hot Tea	Prune Juice*
Chocolate milk**	Decaf Hot Tea	Cranberry Juice*

Don't forget the Condiments

<u>Sugar x2</u>	Salt	<u>Margarine</u>
Sugar Sub		Brown Sugar*
<u>Creamer</u>	Mrs Dash	

EXTRAS:

M-607-F (6/15)