

At McLaren Bay Region, we are dedicated to helping cancer survivors function at the highest level possible.

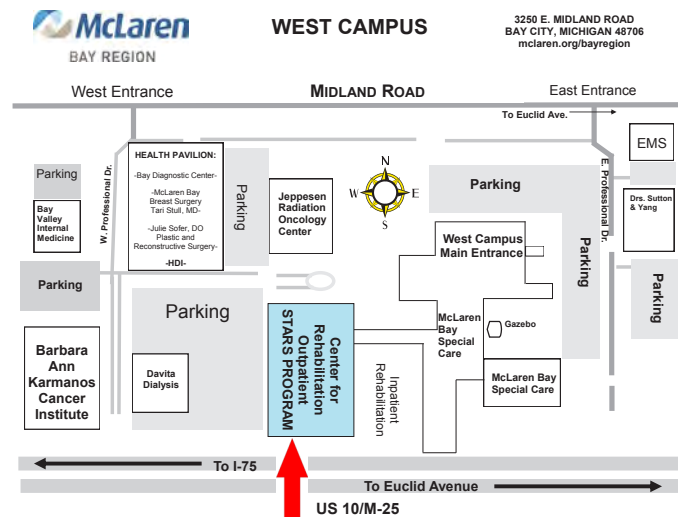
Through our STAR Program® (Survivorship Training and Rehabilitation), our goal is to minimize the side effects of cancer treatment and to encourage cancer survivors to have the best quality of life possible. The STAR Program provides patients with coordinated cancer rehabilitation supported by a team of STAR Certified™ clinicians and providers.

As a STAR Program patient, you will receive comprehensive cancer rehabilitation treatment to improve the symptoms affecting your daily activities and quality of life. These may include fatigue, musculoskeletal pain, joint stiffness, limb swelling (lymphedema), neuropathy (numbness), weakness, memory problems, balance, and issues with talking or swallowing.



## How to Find the STAR PROGRAM

Center for Rehabilitation  
3190 E. Midland Road  
Bay City, MI 48706  
phone [989] 667-6600  
fax [989] 667-6610



[mclaren.org/bayregion](http://mclaren.org/bayregion)

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## Cancer Rehabilitation



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3190 E. Midland Road

Bay City, MI 48706

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## Cancer Rehabilitation



### Bringing you the highest level of survivorship services

McLaren Bay Region is proud to be the first hospital in the State of Michigan to earn STAR Program® Certification from Massachusetts-

based Oncology Rehab Partners, leading experts in the field of survivorship care.

The STAR Program, which stands for "Survivorship, Training and Rehabilitation,"

is a nationally recognized cancer survivorship program that focuses on helping survivors to heal physically and emotionally. The STAR Program utilizes an interdisciplinary approach in which caregivers from different specialties team up to help patients increase strength and energy, alleviate pain, and improve daily function and well-being.

### We offer comprehensive care that is covered by most health insurance

We are uniquely qualified to offer premium oncology rehabilitation services to cancer survivors undergoing treatment or living with its aftermath. Most cancer rehabilitation services in the STAR Program are covered by insurance. Having access to world-class follow-up care will allow survivors to regain their health and get their lives back on track.

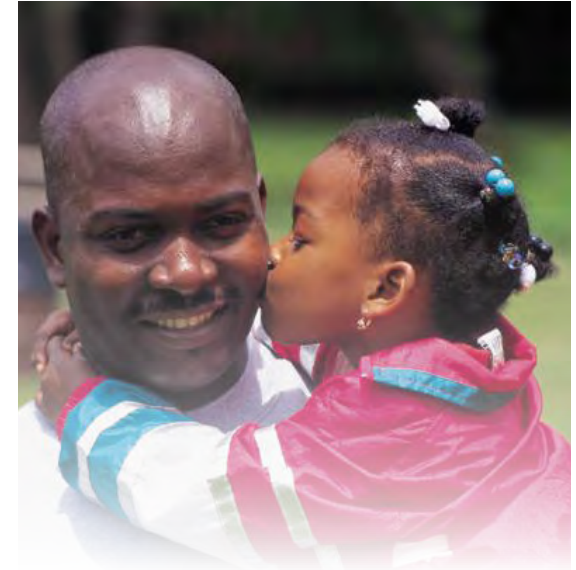


### We offer our patients a personalized rehab plan with an interdisciplinary approach

After undergoing an evaluation by a physician, our team of medical specialists will be assigned to each patient according to his or her individual needs. Our health care team consists of specialists in the following areas: physical, occupational, and speech therapies, as well as oncology nursing. Each team member provides his or her expert medical guidance, training, encouragement and support, for the duration of the program.

Your cancer rehabilitation plan will be based on individualized goals that focus on increasing strength and energy, managing pain and improving your functional abilities and quality of life.

Additional resources are also available to you if you need them. A helpful tool is the STAR Program Survivor Guidebook, which provides valuable tips including how to set specific goals as well as suggestions about exercise, nutrition, and sleep.



### We are proud to be STAR Program® Certified

To access STAR PROGRAM Services, contact:

#### Center for Rehabilitation

Phone: (989) 667-6600

FAX: (989) 667-6610

For more information, please visit our website at [www.mclaren.org/bayregion](http://www.mclaren.org/bayregion)

