

Patient and family-centered care

An expectant mother knows that selecting a hospital for the delivery of her baby is an important decision—one that will be remembered for a lifetime. The Family Birthing Center at McLaren Macomb is committed to providing the highest quality of clinical expertise and care.

Our approach to patient and family-centered care model is unique to the delivery of health care for moms-to-be.

Know that you are the most important member of your medical team and will be encouraged to participate in a positive birthing experience that emphasizes:

- › Meaningful communication and shared decision making
- › Continuous care partner interaction
- › Family-friendly visitation hours
- › Quiet, soothing environment
- › Education for patients and care partners

Expectant parent classes

For a healthy pregnancy, planning and preparation begins early. McLaren Macomb offers a wide range of birthing classes taught by experienced members of our OB team.

Classes include:

Getting ready for birth Three week series | **Prenatal express** One Saturday
Participants will learn how to reduce fears associated with childbirth. Mothers-to-be and their coaches will learn about the birthing experience and how to prepare for labor and post-delivery care. Includes a tour of the Family Birthing Center.

Introduction to breastfeeding

This class teaches the basic skills for successful breastfeeding. Many aspects of breastfeeding are covered—from positioning the baby to the handling and storage of breast milk.

Childcare and safety

This class teaches basic childcare and safety for the baby's first year of life. Topics include feeding, diapering, dressing, sleep patterns, signs of illness, infant CPR and more.

There is a fee for each of the classes.

Birthing center tours

Learn more about the McLaren Macomb Family Birthing Center. Tours are free and offered several times throughout the year.

All classes are held at McLaren Macomb. Class fees include mom and one additional attendee. Class and tour registration is required. Register online at www.mclaren.org/deliveringdaily.



The Family Birthing Center Quality Obstetric Care



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mclaren.org/macomb





Quality obstetric care

When it comes to the care of mothers and newborns, the McLaren Macomb Family Birthing Center is proud of its team of outstanding doctors and certified nursing staff who deliver a safe, personalized birth experience for every mom and newborn.

Our goal is to provide family-centered quality care that exceeds your expectations. That's why we incorporate your family values, knowledge and cultural background into the delivery of the highest degree of complete and individualized care.

To ensure a comfortable and positive childbirth experience, our birthing center provides an inviting setting for childbirth, including 15 private birthing suites. These spacious modern rooms allow labor, delivery, recovery and postpartum phases to take place in one location. Each suite features all necessary medical equipment. A fetal monitor system allows staff to observe the baby's vital signs from several locations throughout the Family Birthing Center. Our birthing suites feature private bathrooms, rocking chairs, sleeping chairs (for support persons), room service menus, full-sized televisions, telephone and wireless computer access.

Two surgical suites are available for women having Cesarean sections.



Personalized care services

Personal patient care gets top priority in the McLaren Macomb Family Birthing Center. Every patient can expect to receive quality care in a soothing and positive environment. From your arrival until departure, you will be comforted knowing:

- › A pediatrician provides care to all babies as needed
- › Anesthesiologists are available 24 hours a day
- › A staff obstetrician is available at all times
- › Doctors and nurses use a clinical information system that integrates documentation and fetal surveillance
- › A lactation consultant is available to assist new moms who plan to breastfeed
- › Case management and social work services are available
- › A hearing screening is provided to all newborns
- › Hepatitis B immunizations are offered with parental consent

Special care nursery

A special care unit is located within the Family Birthing Center. A specially-trained nursing staff care for premature infants and babies requiring more intensive levels of care.

A board-certified neonatologist is available around the clock.

Infant security

We take precautions to ensure the safety and security of our newborns throughout their stay.

Both the Family Birthing Center and the Special Care Nursery are secure areas and are not open to the public. Only pre-verified parents and visitors are allowed entry.

Constant and reliable security of newborns is provided. Every infant wears a small tag on the ankle that is automatically connected to a security system the moment it is attached. All exits are protected by door monitors.

